

UROLOGY ASSOCIATES

OF CENTRAL MISSOURI

Discharge instructions for Penile implant.

1. Your surgery went well.
2. Your penile implant is: partially inflated, deflated. It will stay that way until I see you again.
3. You will experience:
 - Post op pain usually a 6-7 out of ten for the first day, decreasing to 1-3 over the next few days. Take your pain medication as needed. Don't be a hero. 1 to 2 tablets every 6 hours.
 - Swelling of your scrotum: It may swell the size of a grapefruit. Wear a scrotal supporter for comfort.
 - Bruising of the scrotum and groin. It will be all black and blue for the first week.
 - Burning with urination. You briefly had a catheter inserted during the procedure.
4. Eat lightly for the next 24 hours. The pain medication will cut your appetite. Drink fluids liberally.
5. The pain medication will tend to constipate you. To prevent this, tomorrow start taking a tablespoon of mineral oil and milk of magnesia every evening. When your stools are loose then you may back off.
6. Don't do anything strenuous for the next few weeks.
7. You may shower in 24 hours.
- 8. Apply ice to the scrotum for 20 minutes 3 times a day for the first 48 hrs.**
- 9. Remove your dressing tomorrow.**
- 10. As soon as you can tolerate it begin pulling the pump down in the scrotum.**
11. Resume all your regular meds tomorrow.
12. All your stitches are internal. They do not have to be removed.
13. I should see you in the office on _____