

UROLOGY ASSOCIATES

O F C E N T R A L M I S S O U R I

Discharge Instructions for Transurethral Surgery Prostate

Procedure:

- Transurethral Laser ablation of the prostate.
 - Transurethral resection of the prostate.
 - Transurethral incision of the prostate.
1. Your procedure went well.
 2. If you are going home with a catheter do not be discouraged. This is not uncommon and the bladder may need some time to recover from the surgery and anesthesia.
 3. It is not uncommon to have blood in your urine. As long as you do not have clots and the urine is clear enough to see through it is ok. This will improve over the next few days.
 4. You should avoid straining, heavy lifting, or strenuous exercise for 2 weeks.
 5. You should call the office or report to the ER for:
 - Inability to urinate over 6 hours
 - Fever > 101.5
 - Persistent nausea or vomiting
 - Persistent bleeding with clots
 6. It may burn when you urinate. This will improve over the next 48 hrs.
 7. Avoid constipation. Take a stool softener or Miralax to avoid straining.

Medications:

- Antibiotics: _____ by mouth _____ x _____ days.
- Pyridium: 200mg by mouth every 8 hrs as needed for burning with urinating.
- Colace (stool softener) 100mg by mouth.

Follow-up:

- You will go home with a foley catheter. You will be given a leg bag for daytime and a larger bag for sleeping at night. You will need an appointment in 3-5 days for a voiding trial. Call 573-499-4990 for appointment.
- You will need to call for an appointment in 2 weeks (573-499-4990).