

**Discharge Instructions: Microsurgical Varicocele Repair**

1. You have had General Anesthesia DO NOT DRIVE FOR 24 HOURS.
2. You will experience post op pain usually a 2-3 out of ten for the first day, decreasing to 0-1 over the next few days. Take your pain medication as needed. Don't be a hero. 1 to 2 tablets every 6 hours.
3. Swelling of your scrotum: It may swell to the size of an orange
4. Bruising of the scrotum. It may be black and blue for the first week.
5. Eat lightly for the next 24 hours. The pain medication will cut your appetite.  
Drink fluids liberally.
6. Don't do anything strenuous for the next week. You may shower in 24 hours.
7. Resume all your regular meds tomorrow.
8. Avoid aspirin for one week.

**Follow-up:**

1. I should see you in the office in six weeks.
2. Call the office for an appointment (573-499-4990).
3. If you have any questions you may email me at [cmechlin@mo-urology.com](mailto:cmechlin@mo-urology.com)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_